

**Class Results**
**Men Open**
**Results**

2.56km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Goossens D.		18:13		
2nd	Man Chi Kin (Chris)		18:20	+0:07	0:47
3rd	Thng Yan Han		18:34	+0:21	0:58
4th	Jens Wira		20:02	+1:49	
5th	Daniel Antonio Pereira		20:10	+1:57	
6th	Thibaut Vandenabeele		22:52	+4:39	0:50
7th	Alex Ang		24:17	+6:04	0:21
8th	Luke Su		24:46	+6:33	0:05
9th	Siva		24:53	+6:40	0:11
10th	Muhammad Zaki Hyder		27:21	+9:08	
11th	Emek Durmusoglu		27:47	+9:34	0:09
n/c	Suzie 2		28:47		
12th	Syafiq B Mohd Abdul Muhaimin Ong		29:55	+11:42	0:18
13th	Edmund Choo		30:58	+12:45	0:16
14th	Sebastian Lim Kay Wee		34:10	+15:57	0:46
15th	Hok Wun Lee		46:27	+28:14	
16th	Adrian Yap		64:23	+46:10	0:14
	Jayson Teo	m23			0:07

**Split Times**

2.56km

Pos	Name	Age Class	Time	S S1	1 31	2 32	3 33	4 34	5 35	6 36	7 37	8 38	9 39	10 40	11 41	12 42	13 43	14 44	15 45	16 46	17 47	18 48	19 36	20 35	21 49	22 50	23 100	F F1
1st	Goossens D.		18:13	0:00	<b>1:05 (1st)</b>	<b>1:37 (1st)</b>	<b>2:18 (1st)</b>	<b>3:10 (1st)</b>	<b>4:26 (1st)</b>	<b>4:26 (1st)</b>	<b>5:14 (1st)</b>	7:55 (3rd)	8:42 (3rd)	9:08 (3rd)	9:51 (2nd)	10:27 (2nd)	11:14 (2nd)	11:46 (2nd=)	<b>13:03 (1st)</b>	<b>13:45 (1st)</b>	14:23 (2nd)	15:44 (3rd)	16:19 (3rd)	16:19 (2nd)	16:45 (2nd)	<b>17:05 (1st)</b>	<b>17:57 (1st)</b>	<b>18:13 (1st)</b>
2nd	Man Chi Kin (Chris)		18:20	0:00	<b>1:05 (1st)</b>	<b>0:32 (1st)</b>	<b>0:41 (1st=)</b>	<b>0:52 (1st=)</b>	1:16 (2nd=)	[0:19 (9th)]	0:48 (2nd=)	2:41 (10th)	<b>0:47 (1st)</b>	0:26 (2nd)	<b>0:43 (1st=)</b>	0:36 (3rd=)	<b>0:47 (1st=)</b>	0:32 (7th)	<b>1:17 (1st)</b>	<b>0:42 (1st)</b>	0:38 (5th)	1:21 (9th)	0:35 (4th=)	[0:26 (9th=)]	<b>0:26 (1st=)</b>	<b>0:20 (1st)</b>	0:52 (2nd)	0:16 (2nd=)
3rd	Thng Yan Han		18:34	0:00	1:08 (2nd=)	1:44 (2nd)	2:27 (3rd)	3:19 (2nd)	4:32 (2nd)	5:19 (5th)	6:07 (3rd=)	7:41 (2nd)	8:36 (2nd)	9:05 (2nd)	9:56 (3rd)	10:31 (3rd)	11:21 (3rd)	11:46 (2nd=)	13:07 (2nd)	13:50 (2nd)	<b>14:22 (1st)</b>	<b>15:26 (1st)</b>	<b>16:01 (1st)</b>	<b>16:01 (1st)</b>	<b>16:34 (1st)</b>	17:06 (2nd)	18:05 (2nd)	18:20 (2nd)
4th	Jens Wira		20:02	0:00	1:17 (4th)	2:31 (11th)	3:14 (9th)	4:08 (8th)	5:27 (7th)	6:25 (7th)	8:10 (5th)	9:10 (4th)	9:53 (4th)	10:41 (4th)	11:17 (4th)	12:21 (4th)	12:51 (4th)	14:33 (4th)	15:21 (4th)	15:58 (4th)	17:07 (4th)	17:40 (4th)	17:40 (4th)	18:17 (4th)	18:42 (4th)	19:45 (4th)	20:02 (4th)	
5th	Daniel Antonio Pereira		20:10	0:00	1:29 (9th)	2:07 (5th=)	2:55 (5th)	3:55 (5th)	5:17 (5th)	5:17 (4th)	6:13 (5th)	7:59 (4th)	9:11 (5th)	10:11 (6th)	10:58 (5th)	11:35 (5th)	12:36 (5th)	13:07 (5th)	14:36 (5th)	15:26 (5th)	16:00 (5th)	17:10 (5th)	17:47 (5th)	17:47 (5th)	18:23 (5th)	18:48 (5th)	19:53 (5th)	20:10 (5th)
6th	Thibaut Vandenabeele		22:52	0:00	1:28 (8th)	2:07 (5th=)	2:59 (8th)	4:03 (6th)	5:24 (6th)	5:24 (6th)	6:21 (6th)	8:15 (6th)	9:20 (6th)	10:03 (5th)	11:12 (6th)	11:52 (6th)	12:46 (6th)	13:46 (6th)	15:28 (6th)	16:42 (6th)	17:51 (6th)	19:03 (6th)	19:40 (6th)	20:30 (6th)	21:03 (6th)	21:31 (6th)	22:33 (6th)	22:52 (6th)
7th	Alex Ang		24:17	0:00	1:18 (5th)	2:12 (8th)	2:57 (7th)	4:04 (7th)	5:34 (8th=)	5:34 (8th)	6:46 (9th)	8:54 (8th)	10:24 (7th)	11:42 (7th)	13:07 (7th)	13:54 (7th)	14:45 (7th)	15:56 (7th)	17:41 (7th)	18:40 (7th)	19:21 (7th)	20:54 (7th)	21:31 (7th)	21:52 (7th)	22:27 (7th)	22:55 (7th)	23:58 (7th)	24:17 (7th)
8th	Luke Su		24:46	0:00	1:26 (6th=)	2:09 (7th)	2:56 (6th)	3:53 (4th)	5:12 (4th)	5:12 (3rd)	6:07 (3rd=)	10:14 (10th)	11:16 (9th)	12:29 (8th)	14:03 (10th)	14:48 (9th=)	15:42 (9th)	16:46 (9th)	18:45 (9th)	19:37 (8th)	20:24 (8th)	21:39 (8th)	22:16 (8th)	22:21 (9th)	23:01 (8th)	23:27 (8th)	24:26 (8th)	24:46 (8th)
9th	Siva		24:53	0:00	1:30 (10th)	2:13 (9th)	3:17 (11th)	4:25 (11th)	6:05 (11th)	6:16 (11th)	7:13 (10th=)	10:42 (11th)	11:47 (11th)	13:15 (11th)	14:51 (11th)	15:31 (11th)	16:29 (11th)	17:06 (10th)	18:42 (8th)	19:45 (9th)	20:29 (9th)	21:45 (9th)	22:20 (9th)	22:20 (8th)	23:06 (9th)	23:37 (9th)	24:53 (9th)	
10th	Muhammad Zaki Hyder		27:21	0:00	1:32 (11th)	2:25 (10th)	3:15 (10th)	4:19 (10th)	5:48 (10th)	5:48 (10th)	7:13 (10th=)	9:59 (9th)	11:21 (10th)	12:52 (9th=)	13:54 (9th)	14:48 (9th=)	15:56 (10th)	17:33 (11th)	20:32 (11th)	21:32 (11th)	22:13 (11th)	23:58 (11th)	24:37 (11th)	24:37 (11th)	25:27 (10th)	25:53 (10th)	27:01 (10th)	27:21 (10th)
11th	Emek Durmusoglu		27:47	0:00	2:07 (14th)	3:26 (15th)	4:13 (14th)	5:17 (14th)	7:07 (14th)	7:16 (13th)	8:40 (14th)	10:50 (12th)	12:03 (12th)	12:52 (9th=)	13:53 (8th)	14:33 (8th)	15:35 (8th)	16:04 (8th)	18:49 (10th)	19:54 (10th)	20:36 (10th)	22:42 (10th)	23:22 (10th)	23:22 (10th)	25:34 (11th)	26:15 (11th)	27:27 (11th)	27:47 (11th)
n/c	Suzie 2		28:47	0:00	1:49	2:39	3:36	4:38	6:03	6:03	7:48	10:13	11:21	12:24	13:27	14:29	16:09	16:46	19:00	19:58	20:54	26:00	26:42	26:42	27:20	27:48	28:47	
12th	Syafiq B Mohd Abdul Muhaimin Ong		29:55	0:00	1:39 (13th)	2:55 (13th)	3:50 (13th)	5:14 (13th)	6:55 (13th)	7:13 (12th)	8:08 (12th)	12:40 (13th)	13:50 (13th)	15:02 (12th)	15:58 (12th)	16:47 (12th)	17:34 (12th)	18:10 (12th)	23:21 (13th)	24:33 (12th)	25:17 (12th)	26:48 (12th)	27:29 (12th)	27:29 (12th)	28:08 (12th)	28:36 (12th)	29:37 (12th)	29:55 (12th)
13th	Edmund Choo		30:58	0:00	1:26 (6th=)	2:06 (4th)	2:54 (4th)	4:13 (9th)	5:34 (8th=)	5:37 (9th)	6:35 (8th)	8:18 (7th)	10:40 (8th)	16:16 (13th)	17:33 (13th)	18:14 (13th)	19:06 (13th)	19:32 (13th)	23:16 (12th)	24:35 (13th)	26:41 (13th)	27:55 (13th)	28:29 (13th)	28:42 (13th)	29:15 (13th)	29:40 (13th)	30:41 (13th)	30:58 (13th)
14th	Sebastian Lim Kay Wee		34:10	0:00	1:38 (12th)	2:36 (12th)	3:32 (12th)	4:38 (12th)	6:41 (12th)	7:27 (14th)	8:33 (13th)	14:20 (14th)	15:27 (14th)	17:55 (14th)	20:29 (14th)	21:33 (14th)	22:33 (14th)	23:11 (14th)	25:08 (14th)	26:58 (14th)	27:52 (14th)	30:27 (14th)	31:13 (14th)	31:13 (14th)	32:02 (14th)	32:35 (14th)	33:51 (14th)	34:10 (14th)
15th	Hok Wun Lee		46:27	0:00	8:37 (17th)	9:21 (17th)	10:11 (17th)	11:25 (17th)	13:13 (17th)	13:13 (17th)	14:25 (17th)	21:03 (17th)	22:26 (17th)	25:37 (17th)	27:16 (17th)	28:12 (16th)	29:19 (16th)	29:55 (16th)	32:54 (16th)	34:08 (16th)	35:01 (16th)	41:58 (16th)	42:47 (16th)	42:47 (16th)	43:47 (16th)	44:42 (16th)	46:05 (15th)	46:27 (15th)
16th	Adrian Yap		64:23	0:00	2:09 (15th)	3:04 (14th)	4:16 (15th)	5:44 (15th)	7:47 (15th)	7:47 (15th)	9:44 (16th)	14:37 (15th)	16:43 (15th)	21:14 (16th)	22:09 (15th)	28:31 (17th)	29:39 (17th)	34:17 (17th)	50:51 (17th)	54:39 (17th)	55:45 (17th)	58:17 (17th)	59:34 (17th)	59:48 (17th)	62:07 (17th)	62:49 (17th)	63:58 (16th)	64:23 (16th)
	Jayson Teo	m23		0:00	2:49 (17th)	4:10 (16th)	5:19 (16th)	6:26 (16th)	8:02 (16th)	8:09 (16th)	9:31 (15th)	17:57 (16th)	19:39 (16th)	21:02 (15th)	24:40 (16th)	26:24 (15th)	27:38 (15th)	28:20 (15th)	31:20 (15th)	32:45 (15th)	33:56 (15th)	36:20 (15th)	36:55 (15th)	36:55 (15th)	37:42 (15th)	38:33 (15th)	39:32	

**Men Senior**
**Results**

2.56km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Isaac Wong		25:23		
2nd	Delpech Patrick		28:38	+3:15	
3rd	Sufian Bin Ahmad		40:09	+14:46	0:15
4th	Soh Chin Hock		53:56	+28:33	0:27
	Eugene Beh	m11 m17			

**Split Times**

2.56km

Pos	Name	Age Class	Time	S S1	1 31	2 32	3 33	4 34	5 35	6 36	7 37	8 38	9 39	10 40	11 41	12 42	13 43	14 44	15 45	16 46	17 47	18 48	19 36	20 35	21 49	22 50	23 100	F F1
1st	Isaac Wong		25:23	0:00	<b>1:26 (1st)</b>	<b>2:08 (1st)</b>	<b>2:57 (1st)</b>	<b>4:02 (1st)</b>	<b>5:49 (1st)</b>	<b>5:49 (1st)</b>	<b>6:49 (1st)</b>	<b>11:07 (1st)</b>	<b>12:17 (1st)</b>	<b>14:07 (1st)</b>	<b>15:09 (1st)</b>	<b>15:58 (1st)</b>	<b>17:06 (1st)</b>	<b>17:35 (1st)</b>	<b>19:26 (1st)</b>	<b>20:17 (1st)</b>	<b>20:53 (1st)</b>	<b>22:15 (1st)</b>	<b>22:55 (1st)</b>	<b>22:55 (1st)</b>	<b>23:32 (1st)</b>	<b>23:59 (1st)</b>	<b>25:04 (1st)</b>	<b>25:23 (1st)</b>
				0:00	<b>1:26 (1st)</b>	<b>0:42 (1st)</b>	<b>0:49 (1st)</b>	<b>1:05 (1st=)</b>	1:47 (2nd)	[0:07 (1st)]	1:00 (2nd)	4:18 (3rd)	<b>1:10 (1st=)</b>	1:50 (5th)	<b>1:02 (1st)</b>	<b>0:49 (1st=)</b>	1:08 (2nd)	<b>0:29 (1st)</b>	<b>1:51 (1st)</b>	<b>0:51 (1st)</b>	<b>0:36 (1st)</b>	<b>1:22 (1st)</b>	0:40 (3rd)	[0:09 (1st)]	<b>0:37 (1st)</b>	<b>0:27 (1st)</b>	<b>1:05 (1st)</b>	0:19 (2nd=)

Pos	Name	Age Class	Time	S S1	1 31	2 32	3 33	4 34	5 35	6 36	7 37	8 38	9 39	10 40	11 41	12 42	13 43	14 44	15 45	16 46	17 47	18 48	19 36	20 35	21 49	22 50	23 100	F F1
2nd	Delpech Patrick		28:38	0:00	2:08 (4th)	3:01 (4th)	4:02 (4th)	5:24 (4th)	7:23 (3rd)	7:23 (3rd)		12:24 (3rd=)	13:41 (3rd)	14:18 (2nd)	15:22 (2nd)	16:11 (2nd)	17:29 (2nd)	18:22 (2nd)	20:14 (2nd)	21:36 (2nd)	22:30 (2nd)	24:32 (2nd)	25:17 (2nd)	25:17 (2nd)	26:12 (2nd)	26:46 (2nd)	28:19 (2nd)	28:38 (2nd)
3rd	Sufian Bin Ahmad		40:09	0:00	1:40 (3rd)	2:29 (2nd)	3:27 (2nd)	4:49 (3rd)	6:27 (2nd)	6:42 (2nd)	8:06 (2nd)	12:01 (2nd)	18:11 (4th)	18:49 (4th)	20:00 (3rd)	25:12 (3rd)	26:23 (3rd)	27:34 (3rd)	32:24 (3rd)	33:22 (3rd)	34:19 (3rd)	36:18 (3rd)	36:57 (3rd)	36:57 (3rd)	37:39 (3rd)	38:24 (3rd)	39:50 (3rd)	40:09 (3rd)
4th	Soh Chin Hock		53:56	0:00	2:49 (5th)	4:19 (5th)	5:36 (5th)	7:09 (5th)	9:41 (5th)	9:41 (5th)	11:43 (4th)	21:15 (5th)	22:59 (5th)	24:07 (5th)	25:43 (4th)	28:22 (4th)	30:04 (4th)	31:12 (4th)	39:17 (4th)	40:22 (4th)	41:48 (4th)	47:55 (4th)	48:53 (4th)	49:20 (4th)	50:09 (4th)	51:06 (4th)	53:23 (4th)	53:56 (4th)
	Eugene Beh	m11 m17	0:00	1:35 (2nd)	2:30 (3rd)	3:41 (3rd)	4:46 (2nd)	8:51 (4th)	8:51 (4th)	9:42 (3rd)	12:24 (3rd=)	13:34 (2nd)	14:20 (3rd)		16:59	18:04	19:15	26:11	28:48		32:17	32:50	32:50	33:36	34:04	36:32	36:49	

## Women Open

### Results

2.22km

Pos	Name	Age Class	Time	Behind	Excl Excess	Bonuses
1st	Amanda Johansson		17:55		0:11	
2nd	Yan Jiehui		19:48	+1:53		
3rd	Sau Man Priscilla Ho		22:39	+4:44		
4th	Klara Vandenebee		22:51	+4:56		
5th	Reni Iten		23:20	+5:25	0:21	
6th	Anna Himmanen		26:07	+8:12	1:36	0:36
7th	Suzie Bacon		28:19	+10:24	0:48	
n/c	Siva 2		28:37		0:19	
8th	Nisha V		30:23	+12:28	0:25	
9th	Li Jia		31:35	+13:40	0:45	
10th	Li Pui Ling		34:51	+16:56	0:48	
11th	Cai Simin		38:41	+20:46	0:52	
12th	Noor Lyana		46:02	+28:07	0:29	
13th	Neoh Yew Kim		47:46	+29:51		
	Mirja Heikkila	m11 m18 m20			0:29	

### Split Times

2.22km

Pos	Name	Age Class	Time	S S1	1 32	2 31	3 34	4 35	5 36	6 48	7 38	8 39	9 42	10 41	11 40	12 43	13 44	14 45	15 37	16 36	17 35	18 49	19 50	20 100	F F1
1st	Amanda Johansson		17:55	0:00	1:02 (3rd)	1:47 (2nd)	<b>3:13 (1st=)</b>	<b>4:35 (1st)</b>	<b>4:35 (1st)</b>	<b>5:08 (1st)</b>	<b>6:49 (1st)</b>	<b>7:55 (1st)</b>	<b>9:17 (1st)</b>	<b>9:57 (1st)</b>	<b>11:01 (1st)</b>	<b>11:28 (1st)</b>	<b>12:00 (1st)</b>	<b>13:23 (1st)</b>	<b>14:14 (1st)</b>	<b>15:17 (1st)</b>	<b>15:28 (1st)</b>	<b>16:06 (1st)</b>	<b>16:32 (1st)</b>	<b>17:38 (1st)</b>	<b>17:55 (1st)</b>
2nd	Yan Jiehui		19:48	0:00	0:53 (2nd)	<b>1:35 (1st)</b>	<b>3:13 (1st=)</b>	5:00 (2nd)	5:00 (2nd)	5:39 (2nd)	7:19 (2nd)	8:22 (2nd)	9:48 (2nd)	10:59 (2nd)	13:00 (2nd)	13:37 (2nd)	14:06 (2nd)	15:29 (2nd)	16:16 (2nd)	17:14 (2nd)	17:14 (2nd)	17:59 (2nd)	18:28 (2nd)	19:30 (2nd)	19:48 (2nd)
3rd	Sau Man Priscilla Ho		22:39	0:00	1:20 (8th)	2:15 (7th)	4:02 (7th)	5:40 (7th)	5:40 (5th)	6:27 (4th=)	8:53 (4th)	10:10 (4th)	11:47 (4th)	12:33 (4th)	14:01 (4th)	14:31 (4th)	15:13 (4th)	17:28 (4th)	18:35 (3rd)	19:42 (3rd)	20:31 (3rd)	21:03 (3rd)	22:18 (3rd)	22:39 (3rd)	
4th	Klara Vandenebee		22:51	0:00	1:15 (7th)	2:13 (6th)	3:50 (4th)	5:21 (4th)	5:21 (3rd)	7:23 (6th=)	9:11 (5th)	11:08 (5th)	12:40 (5th)	13:16 (5th)	14:22 (5th)	15:06 (5th)	16:32 (5th)	18:26 (5th)	19:11 (4th)	20:06 (4th)	20:06 (4th)	20:56 (4th)	21:28 (4th)	22:32 (4th)	22:51 (4th)
5th	Reni Iten		23:20	0:00	1:09 (6th)	2:00 (3rd=)	3:43 (3rd)	5:19 (3rd)	5:27 (4th)	6:09 (3rd)	8:04 (3rd)	10:01 (3rd)	11:34 (3rd)	12:18 (3rd)	13:35 (3rd)	14:01 (3rd)	14:34 (3rd)	16:51 (3rd)	19:28 (5th)	20:32 (5th)	20:45 (5th)	21:31 (5th)	21:59 (5th)	23:01 (5th)	23:20 (5th)
6th	Anna Himmanen		26:07	-0:36	<b>0:36 (1st)</b>	2:00 (3rd=)	3:54 (6th)	5:39 (6th)	6:37 (7th)	7:23 (6th=)	9:35 (6th)	13:03 (7th)	14:45 (6th)	15:36 (6th)	16:47 (6th)	17:15 (6th)	17:56 (6th)	20:08 (6th)	21:13 (6th)	22:20 (6th)	22:58 (6th)	23:49 (6th)	24:26 (6th)	25:46 (6th)	26:07 (6th)
7th	Suzie Bacon		28:19	0:00	1:07 (4th)	2:58 (8th)	4:29 (8th)	6:00 (8th)	6:48 (8th)	7:23 (6th=)	11:18 (7th)	12:26 (6th)	17:13 (8th)	18:01 (8th)	19:38 (8th)	20:06 (8th)	20:42 (8th)	23:56 (7th)	24:53 (7th)	25:52 (7th)	25:52 (7th)	26:43 (7th)	27:18 (7th)		28:19 (7th)
n/c	Siva 2		28:37	0:00	1:06 (3rd)	<b>0:41 (1st)</b>	1:38 (4th=)	1:34 (4th)	4:59	12:23	14:49	15:54	17:22	18:19	19:44	20:20	20:51	22:53	24:10	25:13	25:32	26:32	27:03	28:14	28:37
8th	Nisha V		30:23	0:00	2:35 (11th)	4:06 (11th)	6:14 (10th)	8:00 (9th=)	8:13 (9th)	9:04 (9th)	12:28 (9th)	14:07 (9th)	16:21 (7th)	17:29 (7th)	19:08 (7th)	19:52 (7th)	20:33 (7th)	25:16 (8th)	26:03 (8th)	27:03 (8th)	27:15 (8th)	27:56 (8th)	28:30 (8th)	30:01 (7th)	30:23 (8th)
9th	Li Jia		31:35	0:00	1:08 (5th)	2:07 (5th)	3:51 (5th)	5:34 (5th)	5:53 (6th)	6:27 (4th=)	11:46 (8th)	13:20 (8th)	19:53 (9th)	20:49 (9th)	22:13 (9th)	22:43 (9th)	23:21 (9th)	25:54 (9th)	27:00 (9th)	28:03 (9th)	28:29 (9th)	29:16 (9th)	29:50 (9th)	31:15 (8th)	31:35 (9th)
10th	Li Pui Ling		34:51	0:00	1:38 (9th)	3:00 (9th)	4:59 (9th)	8:00 (9th=)	8:48 (10th)	9:40 (10th)	16:54 (12th)	18:56 (12th)	20:47 (12th)	21:47 (11th)	23:45 (10th)	24:19 (10th)	25:02 (10th)	27:21 (10th)	30:02 (10th)	31:06 (10th)	31:06 (10th)	32:01 (10th)	33:00 (10th)	34:32 (9th)	34:51 (10th)
11th	Cai Simin		38:41	0:00	3:53 (14th)	5:21 (14th)	7:51 (12th)	9:43 (11th)	9:48 (11th)	10:57 (11th)	14:21 (10th)	16:24 (10th)	20:13 (10th)	21:01 (10th)	27:23 (12th)	27:51 (12th)	28:40 (12th)	31:07 (11th)	32:35 (11th)	34:10 (11th)	34:57 (11th)	35:53 (11th)	36:38 (11th)	38:18 (10th)	38:41 (11th)
12th	Noor Lyana		46:02	0:00	2:58 (12th)	5:12 (12th)	8:46 (14th)	11:16 (12th)	11:44 (12th)	12:37 (12th)	15:23 (11th)	17:36 (11th)	20:32 (11th)	23:09 (12th)	26:44 (11th)	27:09 (11th)	27:42 (11th)	38:43 (12th)	39:58 (12th)	42:16 (12th)	42:17 (12th)	43:14 (12th)	44:08 (12th)	45:42 (11th)	46:02 (12th)
13th	Neoh Yew Kim		47:46	0:00	3:07 (13th)	4:01 (10th)	6:26 (11th)	9:11 (14th)	9:11 (14th)	10:57 (11th)	14:21 (10th)	16:24 (10th)	20:13 (10th)	21:01 (10th)	27:23 (12th)	27:51 (12th)	28:40 (12th)	31:07 (11th)	32:35 (11th)	34:10 (11th)	34:57 (11th)	35:53 (11th)	36:38 (11th)	38:18 (10th)	38:41 (11th)
	Mirja Heikkila	m11 m18 m20	0:00	2:02 (10th)	5:13 (13th)	8:27 (13th)	11:52 (13th)	13:19 (13th)	13:19 (13th)	15:52 (13th)	17:28 (13th)	24:34 (13th)	25:34 (13th)	27:19		28:20	31:18	33:01	35:05	35:34		37:15			39:25

## Women Senior

### Results

2.22km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Verbraken Linda		22:04		0:26
2nd	Delpech Valerie		29:21	+7:17	
3rd	Sharen Png		33:35	+11:31	1:42

### Split Times

2.22km

Pos	Name	Age Class	Time	S S1	1 32	2 31	3 34	4 35	5 36	6 48	7 38	8 39	9 42	10 41	11 40	12 43	13 44	14 45	15 37	16 36	17 35	18 49	19 50	20 100	F F1
1st	Verbraken Linda		22:04	0:00	<b>0:59 (1st)</b>	<b>1:53 (1st)</b>	<b>3:30 (1st)</b>	<b>5:04 (1st)</b>		<b>6:59 (1st)</b>	<b>8:53 (1st)</b>	<b>10:09 (1st)</b>	<b>11:39 (1st)</b>	<b>12:39 (1st)</b>	<b>13:57 (1st)</b>	<b>14:26 (1st)</b>	<b>15:00 (1st)</b>	<b>16:45 (1st)</b>	<b>17:48 (1st)</b>	<b>18:55 (1st)</b>	<b>19:21 (1st)</b>	<b>20:01 (1st)</b>	<b>20:30 (1st)</b>	<b>21:42 (1st)</b>	<b>22:04 (1st)</b>
2nd	Delpech Valerie		29:21	0:00	<b>0:59 (1st)</b>	<b>0:54 (1st)</b>	<b>1:37 (1st)</b>	<b>1:34 (1st)</b>		<b>1:54 (1st)</b>	<b>1:16 (1st)</b>	<b>1:30 (1st)</b>	1:00 (2nd)	<b>1:18 (1st)</b>	<b>0:29 (1st)</b>	<b>0:34 (1st)</b>	<b>1:45 (1st)</b>	<b>1:03 (1st)</b>	<b>1:07 (1st)</b>	<b>0:56 (2nd)</b>	<b>0:40 (1st)</b>	<b>0:29 (1st)</b>	<b>1:12 (1st)</b>	0:22 (2nd)	
3rd	Sharen Png		33:35	0:00	1:20 (2nd)	2:29 (2nd)	5:19 (2nd)	7:23 (2nd)	<b>7:23 (1st)</b>	8:32 (2nd)	11:04 (2nd)	12:44 (2nd)	14:51 (2nd)	15:43 (2nd)	17:25 (2nd)	18:00 (2nd)	19:27 (2nd)	22:13 (2nd)	23:29 (2nd)	25:09 (2nd)	25:09 (2nd)	26:19 (2nd)	27:05 (2nd)	28:55 (2nd)	29:21 (2nd)

## Youth 1 Men

**Results**

1.78km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Mikhail		17:56		0:38
2nd	Aiman		18:33	+0:37	
3rd	Azhad		20:02	+2:06	1:06
4th	Nheo		22:18	+4:22	
5th	Jun Xiang		22:23	+4:27	
6th	Seanlee		23:04	+5:08	
7th	Qaiyum		30:53	+12:57	
8th	Adam		34:47	+16:51	0:18
9th	Faiq		43:17	+25:21	
10th	Kyle Aidan Lim		78:13	+60:17	0:22
	Edwin Huang	m9			
	Kayden Aidan Lim	m6-7			1:59
	Leng Kane Han	m16			0:12
	Leng Kane Kiat	m6-7			2:41

**Split Times**

1.78km

Pos	Name	Age Class	Time	S S1	1 32	2 34	3 35	4 36	5 48	6 42	7 41	8 40	9 43	10 39	11 44	12 47	13 45	14 37	15 36	16 35	17 50	18 100	F F1	
1st	Mikhail		17:56	0:00	1:00 (2nd)	3:38 (7th)	5:32 (4th)	6:10 (6th=)	6:48 (4th)	7:36 (2nd)	8:17 (2nd)	<b>9:33 (1st)</b>	10:06 (2nd)	10:42 (2nd)	<b>11:09 (1st)</b>	12:14 (2nd)	<b>13:20 (1st)</b>	<b>14:23 (1st)</b>	<b>15:27 (1st)</b>	<b>15:27 (1st)</b>	<b>16:18 (1st)</b>	<b>17:38 (1st)</b>	<b>17:56 (1st)</b>	
2nd	Aiman		18:33	0:00	1:06 (5th)	3:18 (4th)	5:03 (2nd)	5:03 (2nd)	<b>5:58 (1st)</b>	<b>7:00 (1st)</b>	<b>7:56 (1st)</b>	9:34 (2nd)	<b>10:03 (1st)</b>	<b>10:33 (1st)</b>	11:10 (2nd)	<b>11:55 (1st)</b>	13:34 (2nd)	14:35 (2nd)	15:42 (2nd)	15:42 (2nd)	16:41 (2nd)	18:11 (2nd)	18:33 (2nd)	
3rd	Azhad		20:02	0:00	1:11 (7th)	3:23 (5th)	<b>4:58 (1st)</b>	<b>4:58 (1st)</b>	6:00 (2nd)	8:41 (5th)	9:46 (5th)	11:01 (4th)	11:28 (3rd)	11:56 (3rd)	12:29 (3rd)	13:24 (3rd)	14:24 (3rd)	<b>15:19 (3rd)</b>	16:34 (3rd)	17:40 (3rd)	18:32 (3rd)	19:46 (3rd)	20:02 (3rd)	
4th	Nheo		22:18	0:00	1:09 (6th)	3:11 (3rd)	5:27 (3rd)	5:27 (3rd)	6:17 (3rd)	8:11 (3rd)	9:08 (3rd)	11:15 (5th)	11:51 (4th)	12:31 (4th)	12:59 (4th)	14:22 (5th)	16:43 (5th)	18:03 (4th)	19:38 (4th)	19:38 (4th)	20:44 (4th)	22:02 (4th)	22:18 (4th)	
5th	Jun Xiang		22:23	0:00	1:20 (9th=)	4:04 (9th)	7:22 (8th)	7:22 (8th)	8:36 (8th)	9:48 (7th)	10:37 (7th)	11:53 (6th)	13:44 (6th)	14:13 (6th)	14:35 (6th)	15:30 (6th)	18:01 (6th)	19:11 (5th)	20:12 (5th)	20:12 (5th)	21:02 (5th)	22:07 (5th)	22:23 (5th)	
6th	Seanlee		23:04	0:00	<b>0:58 (1st)</b>	<b>2:54 (1st)</b>	6:10 (7th)	6:10 (6th=)	7:03 (6th)	8:24 (4th)	9:18 (4th)	10:35 (3rd)	12:21 (5th)	12:48 (5th)	13:05 (5th)	14:04 (4th)	16:00 (4th)	19:31 (6th)	20:32 (6th)	20:32 (6th)	21:37 (6th)	22:48 (6th)	23:04 (6th)	
7th	Qaiyum		30:53	0:00	1:01 (3rd)	3:02 (2nd)	6:48 (13th)	6:48 (13th)	7:15 (7th)	8:53 (6th)	10:10 (6th)	11:56 (7th)	13:52	15:13	16:12	17:24	18:08	20:07	21:32	22:48	24:09	25:43	26:59	28:45
8th	Adam		34:47	0:00	2:13 (11th)	6:14 (12th)	8:41 (9th)	8:59 (9th)	10:15 (9th)	16:40 (10th=)	17:42 (10th)	21:16 (10th)	22:40 (9th)	23:16 (9th)	23:54 (9th)	25:24 (9th)	26:58 (9th)	28:49 (9th)	30:31 (9th)	30:31 (8th)	32:29 (8th)	34:25 (8th)	34:47 (8th)	
9th	Faiq		43:17	0:00	1:04 (4th)	4:08 (10th)	11:00 (13th)	11:00 (13th)	11:59 (13th)	16:40 (10th=)	19:42 (11th)	23:57 (11th)	24:18 (10th)	28:44 (10th)	29:01 (10th)	30:04 (10th)	35:26 (10th)	37:05 (10th)	38:52 (10th)	38:52 (9th)	40:16 (9th)	42:59 (9th)	43:17 (9th)	
10th	Kyle Aidan Lim		78:13	0:00	3:23 (12th)	10:03 (14th)	15:47 (14th)	15:53 (14th)	20:11 (14th)	29:05 (12th)	31:57 (12th)	49:31 (12th)	50:11 (11th)	51:51 (11th)	53:43 (11th)	55:31 (11th)	64:12 (11th)	67:21 (11th)	71:16 (11th)	71:32 (10th)	75:03 (10th)	77:50 (10th)	78:13 (10th)	
	Edwin Huang	m9		0:00	1:19 (8th)	2:06 (4th)	2:19 (7th)	5:44 (4th)	5:44 (6th)	7:15 (7th)	8:53 (6th)	10:10 (6th)	11:56 (7th)	13:52	15:13	16:12	17:24	18:08	20:07	21:32	22:48	24:09	25:43	26:59
	Kayden Aidan Lim	m6-7		0:00	1:20 (9th=)	3:39 (8th)	5:39 (5th)	6:04 (5th)	7:01 (5th)	8:53 (6th)	10:10 (6th)	11:56 (7th)	13:52	15:13	16:12	17:24	18:08	20:07	21:32	22:48	24:09	25:43	26:59	28:45
	Leng Kane Han	m16		0:00	4:08 (14th)	6:52 (13th)	9:04 (10th=)	9:16 (11th)	10:33 (10th)	14:55 (8th)	16:15 (8th)	18:19 (8th)	19:31 (7th)	20:18 (7th)	21:10 (8th)	24:04 (8th)	26:04 (8th)	27:14 (8th)	28:46 (8th)		30:48	32:52	33:14	
	Leng Kane Kiat	m6-7		0:00	3:46 (13th)	6:12 (11th)	9:04 (10th=)	9:04 (10th)	11:02 (12th)	16:15 (8th)	18:19 (8th)	19:31 (7th)	20:18 (7th)	21:10 (8th)	24:04 (8th)	26:04 (8th)	27:14 (8th)	28:46 (8th)		30:48	32:52	33:14		

**Youth 1 Women**

**Results**

1.78km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Yu Qiman		25:59		0:31
2nd	Grace Liew		32:47	+6:48	0:46
3rd	Natasha		70:33	+44:34	0:12

**Split Times**

1.78km

Pos	Name	Age Class	Time	S S1	1 32	2 34	3 35	4 36	5 48	6 42	7 41	8 40	9 43	10 39	11 44	12 47	13 45	14 37	15 36	16 35	17 50	18 100	F F1	
1st	Yu Qiman		25:59	0:00	<b>1:05 (1st)</b>	<b>3:48 (1st)</b>	<b>6:16 (1st)</b>	<b>6:47 (1st)</b>	<b>7:38 (1st)</b>	<b>8:50 (1st)</b>	<b>10:16 (1st)</b>	<b>11:41 (1st)</b>	<b>12:02 (1st)</b>	<b>12:39 (1st)</b>	<b>13:52 (1st)</b>	<b>15:04 (1st)</b>	<b>19:55 (1st)</b>	<b>21:03 (1st)</b>		<b>22:32 (1st)</b>	<b>23:53 (1st)</b>	<b>25:41 (1st)</b>	<b>25:59 (1st)</b>	
2nd	Grace Liew		32:47	0:00	<b>1:05 (1st)</b>	<b>2:43 (1st)</b>	<b>2:28 (1st)</b>	<i>[1:01 (2nd)]</i>	0:51 (2nd)	<b>1:12 (1st)</b>	1:26 (2nd)	<b>1:25 (1st)</b>	<b>0:21 (1st)</b>	0:37 (3rd)	1:13 (2nd)	<b>1:12 (1st)</b>	4:51 (2nd)	<b>1:08 (1st)</b>			<b>1:21 (1st)</b>	<b>1:48 (1st)</b>	<b>0:18 (1st=)</b>	
3rd	Natasha		70:33	0:00	2:10 (3rd)	6:12 (3rd)	9:16 (3rd)	10:02 (3rd)	10:50 (2nd)	13:25 (2nd)	14:38 (2nd)	18:49 (2nd)	19:32 (2nd)	20:05 (2nd)	21:07 (2nd)	22:24 (2nd)	24:09 (2nd)	25:37 (2nd)	<b>27:06 (1st)</b>	27:06 (2nd)	30:01 (2nd)	32:28 (2nd)	32:47 (2nd)	

**Youth 2 Men**

**Results**

2.56km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Alvin Koh		26:20		0:24
2nd	Shu Wu		29:47	+3:27	0:59
3rd	Muhammad Alif		32:32	+6:12	0:49
4th	Benjamin Tan Yong		72:41	+46:21	0:07
	Lin zhi hong	m9-22			1:10
	Patrick SPA	m23			
	RP 1	m3 m9-10 m12-18			0:27

**Split Times**

2.56km

Pos	Name	Age Class	Time	S	81	131	232	333	434	535	636	737	838	939	1040	1141	1242	1343	1444	1545	1646	1747	1848	1936	2035	2149	2250	23100	F F1
1st	Alvin Koh		26:20	0:00	<b>1:35 (1st)</b>	2:22 (2nd)	3:27 (2nd)	<b>4:28 (1st)</b>	<b>5:55 (1st)</b>	<b>5:55 (1st)</b>	8:14 (2nd)	<b>10:11 (1st)</b>	<b>11:25 (1st)</b>	<b>12:05 (1st)</b>	<b>12:57 (1st)</b>	<b>13:54 (1st)</b>	<b>14:56 (1st)</b>	<b>15:36 (1st)</b>	<b>17:42 (1st)</b>	<b>18:40 (1st)</b>	<b>19:30 (1st)</b>	<b>21:09 (1st)</b>	<b>21:57 (1st)</b>	<b>22:21 (1st)</b>	<b>22:57 (1st)</b>	<b>23:27 (1st)</b>	<b>26:01 (1st)</b>	<b>26:20 (1st)</b>	
			0:00		<b>1:35 (1st)</b>	0:47 (2nd)	1:05 (3rd)	<b>1:01 (1st)</b>	<b>1:27 (1st)</b>	[0:28 (2nd=)]	2:19 (7th)	<b>1:57 (1st)</b>	<b>1:14 (1st)</b>	<b>0:40 (1st)</b>	<b>0:52 (1st)</b>	0:57 (2nd)	<b>1:02 (1st)</b>	<b>0:40 (1st)</b>	<b>2:06 (1st)</b>	0:58 (2nd)	<b>0:50 (1st)</b>	1:39 (2nd)	0:48 (3rd)	[0:54 (4th)]	0:36 (3rd)	<b>0:30 (1st)</b>	2:34 (3rd)	0:19 (2nd=)	
2nd	Shu Wu		29:47	0:00	1:39 (3rd)	2:36 (3rd)	3:49 (3rd)	5:11 (3rd)	7:00 (3rd)	7:00 (3rd)	8:23 (3rd)	10:40 (2nd)	12:05 (2nd)	13:10 (2nd)	14:13 (2nd)	15:18 (2nd)	16:53 (2nd)	17:53 (2nd)	21:50 (2nd)	22:44 (2nd)	23:35 (2nd)	25:34 (2nd)	26:12 (2nd)	27:11 (2nd)	27:44 (2nd)	28:18 (2nd)	29:32 (2nd)	29:47 (2nd)	
			0:00		1:39 (3rd)	0:57 (3rd=)	1:13 (5th)	1:22 (5th)	1:49 (3rd)	[0:28 (2nd=)]	1:23 (3rd)	2:17 (2nd)	1:25 (3rd)	1:05 (3rd)	1:03 (2nd)	1:05 (4th)	1:35 (4th)	1:00 (3rd)	3:57 (2nd)	<b>0:54 (1st)</b>	0:51 (2nd)	1:59 (3rd)	<b>0:38 (1st)</b>	[1:29 (6th)]	<b>0:33 (1st)</b>	0:34 (3rd)	<b>1:14 (1st)</b>	<b>0:15 (1st)</b>	
3rd	Muhammad Alif		32:32	0:00	1:38 (2nd)	<b>2:20 (1st)</b>	<b>3:19 (1st)</b>	4:38 (2nd)	6:16 (2nd)	6:39 (2nd)	<b>7:59 (1st)</b>	10:50 (3rd)	12:14 (3rd)	13:41 (3rd)	14:57 (3rd)	15:49 (3rd)	17:02 (3rd)	19:53 (3rd)	24:49 (3rd)	25:55 (3rd)	26:50 (3rd)	28:27 (3rd)	29:06 (3rd)	29:32 (3rd)	30:06 (3rd)	30:39 (3rd)	32:11 (3rd)	32:32 (3rd)	
			0:00		1:38 (2nd)	<b>0:42 (1st)</b>	0:59 (2nd)	1:19 (3rd=)	1:38 (2nd)	[0:53 (5th)]	1:20 (2nd)	2:51 (3rd)	1:24 (2nd)	1:27 (5th)	1:16 (3rd)	<b>0:52 (1st)</b>	1:13 (2nd)	2:51 (4th)	4:56 (3rd)	1:06 (3rd)	0:55 (3rd)	<b>1:37 (1st)</b>	0:39 (2nd)	[0:56 (5th)]	0:34 (2nd)	0:33 (2nd)	1:32 (2nd)	0:21 (4th)	
4th	Benjamin Tan Yong		72:41	0:00	5:29 (6th)	6:53 (6th)	8:21 (6th)	10:09 (6th)	12:39 (6th)	12:46 (6th)	14:37 (6th)	18:00 (6th)	22:31 (5th)	23:25 (5th)	25:22 (5th)	26:35 (5th)	28:16 (5th)	38:57 (5th)	53:39 (5th)	56:56 (5th)	58:49 (5th)	63:40 (5th)	65:41 (5th)	65:41 (5th)	67:23 (5th)	68:43 (5th)	72:22 (4th)	72:41 (4th)	
			0:00		5:29 (6th)	1:24 (7th)	1:28 (6th)	1:48 (6th)	2:30 (5th)	[0:37 (4th)]	1:51 (4th)	3:23 (4th)	4:31 (5th)	0:54 (2nd)	1:57 (5th)	1:13 (5th)	1:41 (5th)	10:41 (5th)	14:42 (5th)	3:17 (4th)	1:53 (4th=)	4:51 (4th)	2:01 (5th)	[0:25 (1st)]	1:42 (4th)	1:20 (6th)	3:39 (5th)	0:19 (2nd=)	
	Lin zhi hong	m9-22	0:00		2:10 (4th)	3:07 (4th)	4:02 (4th)	5:13 (4th)	9:48 (5th)	10:58 (5th)	13:10 (5th)	17:50 (5th)																	
			0:00		2:10 (4th)	0:57 (3rd=)	<b>0:55 (1st)</b>	1:11 (2nd)	4:35 (6th)	[1:40 (7th)]	2:12 (6th)	4:40 (6th)																	
	Patrick SPA	m23	0:00		2:42 (5th)	3:43 (5th)	4:50 (5th)	6:09 (5th)	8:15 (4th)	8:15 (4th)	9:26 (4th)	13:13 (4th)	14:54 (4th)	16:20 (4th)	17:50 (4th)	18:50 (4th)	20:06 (4th)	20:57 (4th)	33:07 (4th)	36:25 (4th)	38:18 (4th)	43:11 (4th)	45:09 (4th)	45:09 (4th)	46:53 (4th)	48:11 (4th)		49:47	
			0:00		2:42 (5th)	1:01 (5th)	1:07 (4th)	1:19 (3rd=)	2:06 (4th)	[0:10 (1st)]	<b>1:11 (1st)</b>	3:47 (5th)	1:41 (4th)	1:26 (4th)	1:30 (4th)	1:00 (3rd)	1:16 (3rd)	0:51 (2nd)	12:10 (4th)	3:18 (5th)	1:53 (4th=)	4:53 (5th)	1:58 (4th)	[0:26 (2nd=)]	1:44 (5th)	1:18 (5th)			
	RP 1	m3 m9-10 m12-18	0:00		8:25 (7th)	9:44 (7th)		12:58	27:48	28:15	30:18	56:08			65:26									68:28	70:20	71:34	74:59	75:30	
			0:00		8:25 (7th)	1:19 (6th)			14:50 (7th)	[0:57 (6th)]	2:03 (5th)	25:50 (7th)												[0:26 (2nd=)]	1:52 (6th)	1:14 (4th)	3:25 (4th)	0:31 (5th)	

## Youth 2 Women

### Results

2.22km

Pos	Name	Age Class	Time	Behind	Excl Excess
1st	Sharlene		38:08		0:56
	Zi en	m1 m14-15			

### Split Times

2.22km

Pos	Name	Age Class	Time	S S1	132	231	334	435	536	648	738	839	942	1041	1140	1243	1344	1445	1537	1636	1735	1849	1950	20100	F F1	
1st	Sharlene		38:08	0:00	<b>1:00 (1st)</b>	<b>1:53 (1st)</b>	<b>3:51 (1st)</b>	<b>5:36 (1st)</b>	<b>5:36 (1st)</b>	<b>12:39 (1st)</b>	<b>20:12 (1st)</b>	<b>24:21 (1st)</b>	<b>26:11 (1st)</b>	<b>27:01 (1st)</b>	<b>28:38 (1st)</b>	<b>29:07 (1st)</b>	<b>29:41 (1st)</b>	<b>31:55 (1st)</b>	<b>33:14 (1st)</b>	<b>34:29 (1st)</b>	<b>35:25 (1st)</b>	<b>36:02 (1st)</b>	<b>36:32 (1st)</b>	<b>37:51 (1st)</b>	<b>38:08 (1st)</b>	
			0:00		<b>1:00 (1st)</b>	<b>0:53 (1st)</b>	<b>1:58 (1st)</b>	<b>1:45 (1st)</b>	[0:13 (1st)]	7:03 (2nd)	7:33 (2nd)	<b>4:09 (1st)</b>	<b>1:50 (1st)</b>	<b>0:50 (1st)</b>	<b>1:37 (1st)</b>	<b>0:29 (1st)</b>	<b>0:34 (1st)</b>	<b>2:14 (1st)</b>	<b>1:19 (1st)</b>	<b>1:15 (1st)</b>	[1:26 (2nd)]	<b>0:37 (1st)</b>	<b>0:30 (1st)</b>	<b>1:19 (1st)</b>	0:17 (2nd)	
	Zi en	m1 m14-15	0:00		9:45	12:53	15:33	15:33	15:33	17:06	21:32	27:59	32:20	33:47	37:29	38:07	40:27			74:14	74:14	75:51	76:37	78:20	78:35	
			0:00			3:08 (2nd)	2:40 (2nd)	[0:29 (2nd)]	<b>1:33 (1st)</b>	<b>4:26 (1st)</b>	6:27 (2nd)	4:21 (2nd)	1:27 (2nd)	3:42 (2nd)	0:38 (2nd)	2:20 (2nd)					[0:19 (1st)]	1:37 (2nd)	0:46 (2nd)	1:43 (2nd)	<b>0:15 (1st)</b>	

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